



# November



Mon	Tue	Wed	Thu	Fri
<b>1 Quiet Zone 2:30-3:30</b>  <b>STEAM 3:30</b>	<b>2 Quiet Zone 2:30-3:30</b>  <b>Arts &amp; Crafts 3:30</b>	<b>3 Quiet Zone 2:30-3:30</b> <b>Knock Out 3:30</b> <b>MilfordTV 4:00-5:00</b>	<b>4 Quiet Zone 2:30-3:30</b>  <b>Boxing 3:30</b>	<b>5 Yoga 3:30</b>  <b>Weight room 3:30</b>
<b>8 Quiet Zone 2:30-3:30</b>  <b>Dodgeball 3:30</b>	<b>9 Quiet Zone 2:30-3:30</b>  <b>Arts &amp; Crafts 3:30</b>	<b>10 Quiet Zone 2:30-3:30</b> <b>Four Square 3:30</b> <b>MilfordTV 4:00-5:00</b>	<b>11 Veterans Day MYC Closed</b> 	<b>12 Yoga 3:30</b>  <b>Weight room 3:30</b>
<b>15 Quiet Zone 2:30-3:30</b>  <b>Gardening 3:30</b>	<b>16 Quiet Zone 2:30-3:30</b>  <b>Arts &amp; Crafts 3:30</b>	<b>17 Quiet Zone 2:30-3:30</b>  <b>Pickleball 3:30</b>	<b>18 Quiet Zone 2:30-3:30</b>  <b>Boxing 3:30</b>	<b>19 Yoga 3:30</b> <b>Weight room 3:30</b> <b>Therapy Dog Training 3:30</b> 
<b>22 Nutrition 3:30</b> 	<b>23 Arts &amp; Crafts 3:30</b>  <b>Gardening 3:30</b>	<b>24 Town Offices close @ 1PM No After School Program</b>	<b>25 Happy Thanksgiving! MYC Closed</b> 	<b>26 No School No After School Program</b>
<b>29 Quiet Zone 2:30-3:30</b>  <b>Volleyball 3:30</b>	<b>30 Quiet Zone 2:30-3:30</b>  <b>Arts &amp; Crafts 3:30</b>	<b>The Youth Center also offers a free snack and dinner program, due to the collaboration of CACFP, Hockomock Area YMCA and the Milford School Food &amp; Nutrition Services department. We also have a commercial washer and dryer where youth can do their laundry for free.</b>		<b>*Masks are required for entry*</b> 



The Milford Youth Center is open for youth, ages 8-18 years old (who attend Milford Schools or reside in Milford), free of charge, from 2:15-6:00 pm Monday through Friday (unless otherwise noted on our calendar). MYC Registration & Emergency Contact information due on start date by 1PM. You can find these forms on-line at [www.milfordyouthcenter.org](http://www.milfordyouthcenter.org) (Available in English, Spanish and Portuguese). Dates and times are subject to change. Please review discipline, weather, health and traffic policies!