



Mon	Tue	Wed	Thu	Fri
<p>USDA's Grab & Go Food Program: If you are an MYC member you can call the Center at 508-473-1756 on Wednesdays to pick up snacks and/or dinners between the following times: 11:30 AM to 5:00 PM For more information on our programs visit our website at www.milfordyouthcenter.org or our social media platforms!</p>		<p>Must sign up according to cohorts! Mon. & Tues.: COHORT B Wed.: 2 PM Virtual Program & Grab & Go Food Program (11:30 AM to 5:00 PM) Thurs. & Fri.: COHORT A</p>	<p>1 COHORT A: 2:15-5:00 PM Gymnasium (10 each court) 2:15-5:00 PM Crafts, STEAM, Etc. (10 total)</p>	<p>2 COHORT A: 2:15-5:00 PM Gymnasium (10 each court) 2:15-5:00 PM Fitness & Nutrition, Etc. (10 total)</p>
<p>5 COHORT B: 2:15-5:00 PM Gymnasium (10 each court) 2:15-5:00 PM Crafts, STEAM, Etc. (10 total)</p>	<p>6 COHORT B: 2:15-5:00 PM Gymnasium (10 each court) 2:15-5:00 PM Fitness & Nutrition, Etc. (10 total)</p>	<p>7 2:00 PM Virtual Program Grab & Go Food Program 11:30 AM-5 PM</p>	<p>8 COHORT A: 2:15-5:00 PM Gymnasium (10 each court) 2:15-5:00 PM Crafts, STEAM, Etc. (10 total)</p>	<p>9 COHORT A: 2:15-5:00 PM Gymnasium (10 each court) 2:15-5:00 PM Fitness & Nutrition, Etc. (10 total)</p>
<p>12 NO SCHOOL </p>	<p>13 COHORT B: 2:15-5:00 PM Gymnasium (10 each court) 2:15-5:00 PM Crafts, STEAM, Etc. (10 total)</p>	<p>14 COHORT B: 2:15-5:00 PM Gymnasium (10 each court) 2:15-5:00 PM Fitness & Nutrition, Etc. (10 total)</p>	<p>15 COHORT A: 2:15-5:00 PM Gymnasium (10 each court) 2:15-5:00 PM Crafts, STEAM, Etc. (10 total) </p>	<p>16 COHORT A: 2:15-5:00 PM Gymnasium (10 each court) 2:15-5:00 PM Fitness & Nutrition, Etc. (10 total)</p>
<p>19 COHORT B: 2:15-5:00 PM Gymnasium (10 each court) 2:15-5:00 PM Crafts, STEAM, Etc. (10 total)</p>	<p>20 COHORT B: 2:15-5:00 PM Gymnasium (10 each court) 2:15-5:00 PM Fitness & Nutrition, Etc. (10 total)</p>	<p>21 2:00 PM Virtual Program Grab & Go Food Program 11:30 AM-5 PM</p>	<p>22 COHORT A: 2:15-5:00 PM Gymnasium (10 each court) 2:15-5:00 PM Crafts, STEAM, Etc. (10 total)</p>	<p>23 COHORT A: 2:15-5:00 PM Gymnasium (10 each court) 2:15-5:00 PM Fitness & Nutrition, Etc. (10 total)</p>
<p>26 COHORT B: 2:15-5:00 PM Gymnasium (10 each court) 2:15-5:00 PM Crafts, STEAM, Etc. (10 total)</p>	<p>27 COHORT B: 2:15-5:00 PM Gymnasium (10 each court) 2:15-5:00 PM Fitness & Nutrition, Etc. (10 total)</p>	<p>28 2:00 PM Virtual Program Grab & Go Food Program 11:30 AM-5 PM</p>	<p>29 COHORT A: 2:15-5:00 PM Gymnasium (10 each court) 2:15-5:00 PM Crafts, STEAM, Etc. (10 total)</p>	<p>30 COHORT A: 2:15-5:00 PM Gymnasium (10 each court) 2:15-5:00 PM Fitness & Nutrition, Etc. (10 total)</p>

With Milford Public Schools operating hybrid or remote, the Milford Youth Center will be offering afternoon programming from 2:15-5:00 PM. The program will align with the school cohort system to ensure a safe experience for participants. Safety is our top priority, and all guidelines will be followed. In addition to daily programming, the Center also offers a free snack and dinner program, thanks to the collaboration of CACFP, Hockomock Area YMCA and the Milford School Food & Nutrition Services department.

(review daily schedule for any changes):

To sign up for this program, the student must attend Milford Public Schools and complete the registration and payment of \$15/day if you are transitioning from the morning YMCA program or \$20/day if attending at 2:15 PM. Registration information is available at <https://www.hockymca.org/out-of-school-time-support/> & <https://milfordyouthcenter.org/after-school-program/monthly-updates/> (there is limited availability (30 youth/day))

