



**Extended Day 2021** 



**United Way of Tri-County** 

Mon	Tue	Wed	Thu	Fri
1 Cohort B 11:00-3:00 PM Grab N Go Dinner & Snack 2:15-5:00 PM Gardening Program, Gymnasium, Game Room & Dinner	2 Cohort B 11:00-3:00 PM Grab N Go Dinner & Snack 2:15-5:00 PM Fitness Program, Gymnasium,	3 2:00 PM Virtual Program Grab & Go Food Program 11:00 AM-3:00 PM	4 Cohort A 11:00-3:00 PM Grab N Go Dinner & Snack 2:15-5:00 PM Gardening Program, Gymnasium, Game Room & Dinner	5 Cohort A 11:00-3:00 PM Grab N Go Dinner & Snack 2:15-5:00 PM HITT Program, Gymnasium, Game Room & Dinner
8 Cohort B 11:00-3:00 PM Grab N Go Dinner & Snack 2:15-5:00 PM Craft, Gymnasium, Game Room & Dinner	Game Room & Dinner 9 Cohort B 11:00-3:00 PM Grab N Go Dinner & Snack 2:15-5:00 PM Nutrition Program, Gymnasium, Game Room & Dinner	10 2:00 PM Virtual Program Grab & Go Food Program 11:00 AM-3:00 PM	11 Cohort A 11:00-3:00 PM Grab N Go Dinner & Snack 2:15-5:00 PM Craft, Gymnasium, Game Room & Dinner	12 Cohort A 11:00-3:00 PM Grab N Go Dinner & Snack 2:15-5:00 PM HITT Program, Gymnasium, Game Room & Dinner
15 MYC Closed for Presidents' Day	16 2:00 PM Virtual Program Grab & Go Food Program 11:00 AM-3:00 PM	17 2:00 PM Virtual Program Grab & Go Food Program 11:00 AM-3:00 PM	18 2:00 PM Virtual Program Grab & Go Food Program 11:00 AM-3:00 PM	19 2:00 PM Virtual Program Grab & Go Food Program 11:00 AM-3:00 PM
22 Cohort B 11:00-3:00 PM Grab N Go Dinner & Snack 2:15-5:00 PM Therapy Dog Training, Gymnasium, Game Room & Dinner	23 Cohort B 11:00-3:00 PM Grab N Go Dinner & Snack 2:15-5:00 PM Fitness Program, Gymnasium, Game Room & Dinner	24 2:00 PM Virtual Program Grab & Go Food Program 11:00 AM-3:00 PM	25 Cohort A 11:00-3:00 PM Grab N Go Dinner & Snack 2:15-5:00 PM Craft, Gymnasium, Game Room & Dinner	26 Cohort A 11:00-3:00 PM Grab N Go Dinner & Snack 2:15-5:00 PM HITT Program, Gymnasium, Game Room & Dinner
Must Sign up According to cohorts!	Mon. & Tues.: COHORT B Wed.: 2 PM Virtual Program Thurs. & Fri.: COHORT A		USDA's Grab & Go Food Program: If you are an MYC member you can call the Center a 508-473-1756 or email mycregistrations@townofmilford.org by 9 am to pick up snacks and/or dinners between the following times: 11:00 AM to 3:00 PM For more information on our programs visit our website at www.milfordyouthcenter.org or our social media platforms!	

2:15–5:00 PM. The program will align with the school cohort system to ensure a safe experience for participants. Safety is our top iority, and all guidelines will be followed. In addition to daily programming, the Center also offers a free snack and dinner program, thanks to the collaboration of CACFP, Hockomock Area YMCA and the Milford School Milford School Food & Nutrition Services department. (review daily schedule for any changes):

To sign up for this program, the student must attend Milford Public Schools and complete the registration and payment of \$15/day. Registration information is available at https://www.hockymca.org/out-of-school-time-support/



& https://milfordyouthcenter.org/after-school-program/monthly-updates/



(there is limited availability (30 youth/day)